

10th Grade: Fall Meeting

November 2024

A decorative background featuring a large, flowing wave shape. The wave is composed of three distinct color bands: a dark red band at the bottom, a light pink band in the middle, and a grey band at the top. The wave flows from the left side of the image towards the right, creating a sense of movement and depth.

Counselor Introduction: Ms. Kampa (A-K)



- 26th year at MWHS - all in the same office!
- I'm happiest when I'm outside - especially doing something active.
- Before I figured out I wanted to be a school counselor, I was studying to be a dietitian.

Counselor Introduction: Ms. Baumann (L-Z)

- Stated at MWHS in 1999 as a teacher.
- Huge baseball fan!
- If I weren't a school counselor, I would be a chef.



How can we help you?

Social/Emotional Support: Mental health, relational health, and personal growth.

- Short term: Unexpected change in events, coping
- Long Term: Referring to other professional resources

Academic Support: Helping you choose and be successful in your courses.

- Short term: Assisting with teacher communication or advocacy
- Long term: Developing a four year plan

Post-secondary Support: Planning for your educational and career goals.

- Short term: Assisting with a college visit or interest inventory
- Long term: Planning for life after high school

Ways we can connect:

- **Individual email:** Many of your questions might be easily addressed by sending your counselor a simple email.
 - Ms. Kampa (A-K): kampat@westonka.k12.mn.us
 - Ms. Baumann (L-Z): baumanna@westonka.k12.mn.us
- **Emails/Schoology posts from counselors:** We do our best to send valuable information to all students at once.
 - Take a quick peek to see if the information is helpful.
- **Meetings:** We are happy to set up a time to meet with you
 - Use QR code to request a meeting
 - Swing by the office to make an appointment



**What are some
important
benchmarks for
10th grade:**

- College Rep Visits: ongoing
- Career Cluster Inventory
 - Will complete today
- Pre-ACT or PACT
 - Thursday, March 13th
- Registration for 11th grade classes: January

College Rep Visits

- College Rep Meeting Schedule on:
 - ◆ Schoology
 - ◆ Wake up Westonka
 - ◆ Hawknet - offered during WIN time
 - ◆ Weekly Bulletin
 - ◆ Posted throughout the building
- If you are interested:
 - ◆ Sign up through Hawknet
- Great way to gather basic information in a low pressure environment.
- Variety: 2-year, 4-year, public, private, in-state and out-of-state

Minnesota Career Information System MCIS

- 10th grade is a great time to reflect and explore who you are and how that might connect to a future career.
- Today, we're going to take a look at your interests and how they line up with career areas.

Log into MCIS through Clever



Minnesota Career
Information System
District



My Dashboard

Site Administrator



[Favorites](#) [Self-Survey Results](#) [Best Career Matches](#) [Reports](#)

To add Favorites to your Dashboard, select the thumbs up as you explore.

Careers



- › [Aerospace Engineers](#)
- › [Cement Masons](#)
- › [Drywall Finishers](#)

Programs of Study



- › [Architecture](#)
- › [Ethnic Studies](#)
- › [Gaming Programs](#)
- › [Interior Design](#)

Schools



- › [Bemidji State University](#)
- › [Lake Superior College](#)
- › [Milwaukee School of Engineering](#)
- › [Minnesota State University, Moorhead](#)

Helpful Tools: Career Search

Minnesota Career Information System

English ▾

Site ▾

My Dashboard

Career Plan

Self-Surveys

Careers

Education

Employment

Practice Tests

Explore Careers

There is a lot to consider when thinking about your future career. Explore different careers. Learn what people do, how much they earn, and how to prepare for a career. The more you know, the better career decisions you will make!



Careers



Learn about job tasks, pay, education and more!

Military Careers




Learn about military careers.


Helpful Tools: Career Search

Minnesota Career Information System

English ▾ Site ▾

My Dashboard Career Plan Self-Surveys Careers Education Employment Practice Tests



 Careers List



Filter or Search

View:

Cluster Title Compare

Search for...  

Helpful Tools: Career Search



Minnesota Career Information System








English Site

My DashboardCareer PlanSelf-SurveysCareersEducationEmploymentPractice Tests





View:

ClusterTitleCompare

Search for...


 Favorite ▾	 Education Level ▾ <ul style="list-style-type: none"><input type="checkbox"/> A Few Hours to 3 Months<input type="checkbox"/> 4 Months to 1 Year<input type="checkbox"/> 2 to 3 Years<input type="checkbox"/> 4 Years<input type="checkbox"/> 5 or More Years	 Median Wages ▾ <ul style="list-style-type: none"><input type="checkbox"/> \$24,000 - \$35,999<input type="checkbox"/> \$36,000 - \$47,999<input type="checkbox"/> \$48,000 - \$59,999<input type="checkbox"/> \$60,000 - \$71,999<input type="checkbox"/> More than \$72,000
 Hot Jobs ▾	 STEM ▾	 High Self-Employment ▾
 Apprenticeship ▾		

Filter Careers Based on Your Self-Survey Results ▾

 Career Cluster Inventory <input type="checkbox"/> Top Clusters	 Occupation Sort <input type="checkbox"/> Important Career Factors	 Reality Check <input type="checkbox"/> Best Lifestyle Matches	 Work Importance Locator <input type="checkbox"/> Top Work Values
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Show CareersReset

Helpful Tools: College Search Tool




know, the better education decisions you will make.

[My Dashboard](#) [PLP](#) [Self-Surveys](#) [Careers](#) [Education](#) [Employment](#) [Practice Tests](#)




Programs of Study

Learn about programs of study.




Schools

Learn about schools and training, how to prepare and apply.




Scholarships

Learn about opportunities that may help you pay for school.




Apprenticeship Program Finder

Minnesota Apprenticeship Database



Short Term Training

Short term training requires less than one year to complete and trains people for specific careers.



Federal Student Aid


Learn about federal student aid programs and the FAFSA form.


Helpful Tools: College Search Tool

Minnesota Career Information System

English ▾ Site ▾

My Dashboard Career Plan Self-Surveys Careers Education Employment Practice Tests

 Schools List





View:

Cluster Title Compare


☒ In-state ☐ National


Filter or Search

Search for...  






Helpful Tools: College Search Tool

☐ In-state ☒ National







Search for... 



All Schools

 Favorite ▾	 School Type ▾	 Degree Level ▾
 Programs of Study ▾	 Location ▾	

2 and 4 Year Schools Only

 Admission Difficulty ▾	 Financial Aid ▾	 Housing ▾
 School Size ▾	 School Setting ▾	 Tuition ▾

Show Schools Reset

Career Cluster Inventory

The Career Cluster Inventory helps you think about activities that you like and matches them to career clusters. Learning more about your interests and how they fit with clusters is one way to find a career you will enjoy!

[My Dashboard](#)[Career Planning](#)[Self-Surveys](#)[Careers](#)[Education](#)[Employment](#)[Practice Tests](#)

Learn About Yourself

One of the best ways to explore careers is to understand more about yourself. Answer questions to discover your interests, values, likes and dislikes. Use these tools to discover a career you will enjoy!



CCI Quick Pic



Use images to help you find career clusters that match your interests.

Career Cluster Inventory



Find out which career clusters match your interests.

Entrepreneurial Assessment



See if self-employment is a good fit for you.

IDEAS



Identify your interest areas.

Interest Profiler



Discover work areas that match your interests.

Learning Styles Survey



Identify the ways that you learn best.

Occupation Sort



Learn more about your work preferences.

Reality Check



Find out how much money you need for the lifestyle you desire.

Workplace Employability Skills



Evaluate your employability skills.

Career Cluster Inventory



Career Cluster Inventory

[Restore](#)

The Career Cluster Inventory helps you think about activities that you like and matches them to career clusters. Learning more about your interests and how they fit with clusters is one way to find a career you will enjoy!

Instructions:

- Time to complete: about 5 to 10 minutes
- Number of items: 80
- Each statement describes a different activity
- For each activity take time to imagine doing it
- Rate how much you like or dislike each activity

Options:

The response choices are:



Like Very Much



Like



Not Sure



Dislike

Start

Review your results



Career Cluster Inventory : Results

Start Over

Save

Export PDF

Use Your Interests to Explore Career Clusters

The Career Cluster Inventory creates a list that matches the 16 national career clusters to your interests. Clusters group careers by similar knowledge and skills. Clusters make exploration easy! Check out the clusters on your list, the more you know the better career decisions you will make.

Your Top 3 Career Clusters



Education and Training

11



Health Science

11



Architecture and Construction

8

Click on highest score areas

At a Glance

Things to Know

Education

Pathways

Related Careers

In the Architecture and Construction cluster, you would be responsible for buildings and other structures such as highways and bridges.

\$ Top 5 Salaries

- › [Wind Energy Development Managers](#)
- › [Construction Managers](#)
- › [Hoist and Winch Operators](#)
- › [Elevator and Escalator Installers and Repairers](#)
- › [Geographic Information Systems Technologists and Technicians](#)



Your Career Cluster Inventory score shows that you have a **MEDIUM** interest in this Career Cluster.

Top 5 Employment Opportunities

- › [General Construction Workers](#)
- › [Landscapers and Groundskeepers](#)
- › [Carpenters](#)
- › [Electricians](#)
- › [Plumbers and Pipefitters](#)

Homework

- Review the results of the CCI
 - Consider how you could explore those careers more
 - How does your course load line up with your career goals?
- Utilize the College and Career Search tools on MCIS
- Attend a college rep visit this year.