10th Grade: Fall Meeting November 2024

Counselor Introduction: Ms. Kampa (A-K)



- 26th year at MWHS all in the same office!
- I'm happiest when I'm outside especially doing something active.
- Before I figured out I wanted to be a school counselor, I was studying to be a dietician.

Counselor Introduction: Ms. Baumann (L-Z)

- Stated at MWHS in 1999 as a teacher.
- Huge baseball fan!
- If I weren't a school counselor, I would be a chef.



How can we help you?

Social/Emotional Support: Mental health, relational health, and personal growth.

- Short term: Unexpected change in events, coping
- Long Term: Referring to other professional resources

<u>Academic Support:</u> Helping you choose and be successful in your courses.

- Short term: Assisting with teacher communication or advocacy
- Long term: Developing a four year plan

Post-secondary Support: Planning for your educational and career goals.

- Short term: Assisting with a college visit or interest inventory
- Long term: Planning for life after high school

Ways we can connect:

- Individual email: Many of your questions might be easily addressed by sending your counselor a simple email.
 - Ms. Kampa (A-K): <u>kampat@westonka.k12.mn.us</u>
 - Ms. Baumann (L-Z): <u>baumanna@westonka.k12.mn.us</u>
- Emails/Schoology posts from counselors: We do our best to send valuable information to all students at once.
 Take a quick peek to see if the information is helpful.
- Meetings: We are happy to set up a time to meet with you
 - Use QR code to request a meeting
 - Swing by the office to make an appointment



What are some important benchmarks for 10th grade:

- College Rep Visits: ongoing
- Career Cluster Inventory
 - Will complete today
- Pre-ACT or PACT
 - Thursday, March 13th
- Registration for 11th grade classes: January

College Rep Visits

- → College Rep Meeting Schedule on:
 - Schoology
 - Wake up Westonka
 - Hawknet offered during WIN time
 - Weekly Bulletin
 - Posted throughout the building
- → If you are interested:
 - Sign up through Hawknet
- → Great way to gather basic information in a low pressure environment.
- → Variety: 2-year, 4-year, pubic, private, in-state and out-of-state

Minnesota Career Information System MCIS

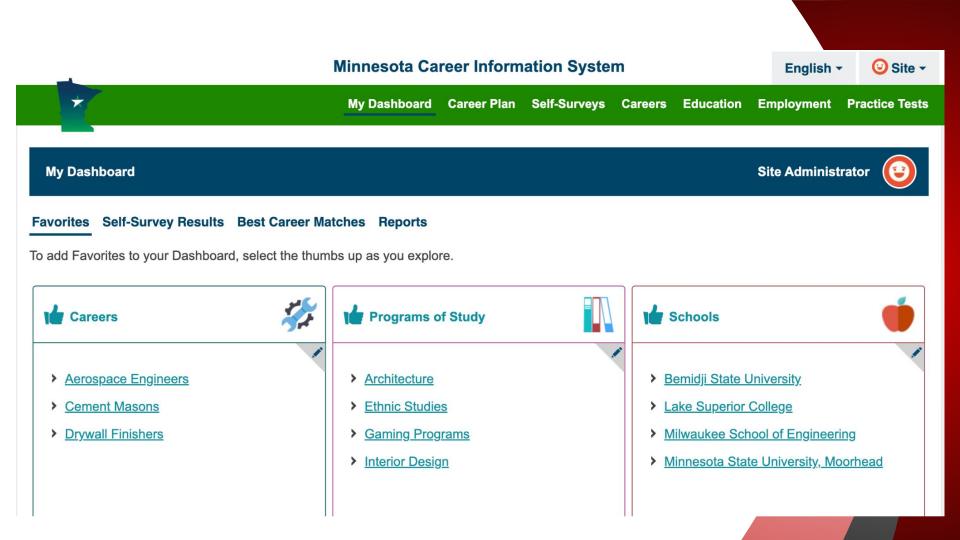
- 10th grade is a great time to reflect and explore who you are and how that might connect to a future career.
- Today, we're going to take a look at your interests and how they line up with career areas.

Log into MCIS through Clever

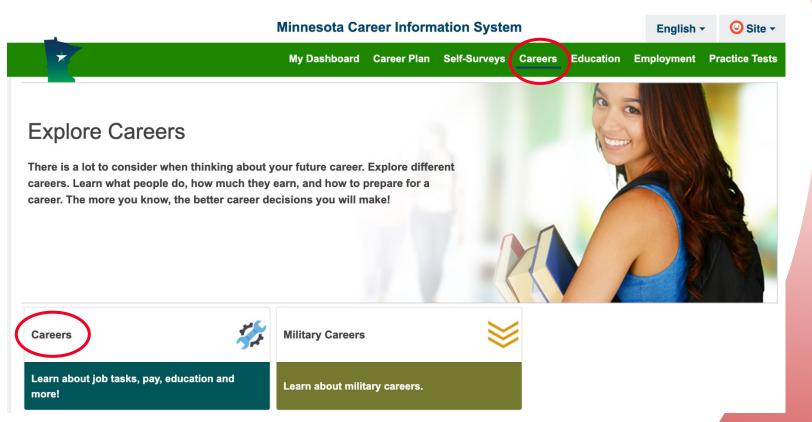


Minnesota Career Information System **District**





Helpful Tools: Career Search



Helpful Tools: Career Search



Cluster Title Compare

Search for...

Helpful Tools: Career Search

-	Minnesota Career Info	rmation	System	n		English	• 🙂	Site -				
7	My Dashboard Career P	an Self-S	Surveys	Careers	Education	Employment	Practic	e Tests				
View:												
Cluster Title Compare			Search	for			Q	X				
Tevorite ~	🞓 Education Level ~			\$	Median Wag	es ~						
	A Few Hours to 3 M	onths			\$24,000 - \$	\$35,999						
	4 Months to 1 Year	\$36,000 - \$										
	2 to 3 Years			S48,000 - \$59,999								
	☐ 4 Years ☐ 5 or More Years			 □ \$60,000 - \$71,999 □ More than \$72,000 								
						\$72,000						
👌 Hot Jobs 🗸	👗 STEM 🗸			OPEN	High Self-En	nployment ~						
stepprenticeship ~												
Filter Careers Based on Your Self-Survey Resu	lts ~											
Career Cluster Inventory	pation Sort	Reality		→ Work Importance Locator								
Top Clusters	oortant Career Factors		Top Work Values									
						Show Careers	Rese	t				

Helpful Tools: College Search Tool

	- My Dashboard PLP Self-Surveys (Careers Education Employment Practice Tests
know, we better education decisions you will r	nake.	
Programs of Study	Schools	Scholarships
Learn about programs of study.	Learn about schools and training, how to prepare and apply.	Learn about opportunities that may help you pay for school.
Apprenticeship Program Finder	Short Term Training	Federal Student Aid FSAid
Minnesota Apprenticeship Database	Short term training requires less than one year to complete and trains people for specific careers.	Learn about federal student aid programs and the FAFSA form.

Helpful Tools: College Search Tool



Vi		



Filter or Search

Search for...

Helpful Tools: College Search Tool

In-state O National	Search for	Q	×	
All Schools				
┢ Favorite 🗸	School Type ~	💏 Degree Level ~		
👖 Programs of Study ~				
2 and 4 Year Schools Only	·			
Admission Difficulty ~	😇 Financial Aid 🗸	A Housing ~		
School Size ~	👇 School Setting ~	for Tuition ∽		
	·	Show Schools	Res	et

Career Cluster Inventory

The Career Cluster Inventory helps you think about activities that you like and matches them to career clusters. Learning more about your interests and how they fit with clusters is one way to find a career you will enjoy!

Learn About Yourself

One of the best ways to explore careers is to understand more about yourself. Answer questions to discover your interests, values, likes and dislikes. Use these tools to discover a career you will enjoy!

CCI Quick Pic	Career Cluster Inventory	Entrepreneurial Assessment
Use images to help you find career clusters that match your interests.	Find out which career clusters match your interests.	See if self-employment is a good fit for you.
IDEAS	Interest Profiler	Learning Styles Survey
ldentify your interest areas.	Discover work areas that match your interests.	Identify the ways that you learn best.
Occupation Sort	Reality Check	Workplace Employability Skills
Learn more about your work preferences.	Find out how much money you need for the lifestyle you desire.	Evaluate your employability skills.

Career Cluster Inventory

Career Cluster Inventory

The Career Cluster Inventory helps you think about activities that you like and matches them to career clusters. Learning more about your interests and how they fit with clusters is one way to find a career you will enjoy!

Instructions:

- Time to complete: about 5 to 10 minutes
- Number of items: 80
- · Each statement describes a different activity
- · For each activity take time to imagine doing it
- · Rate how much you like or dislike each activity

Options:

The response choices are:



Restore

Review your results

												ì	i	ė	Ì	ľ		
										i				ſ				
			1									1						
			1	1				,			/							
					1													

Career Cluster Inventory : Results

Start Over Save

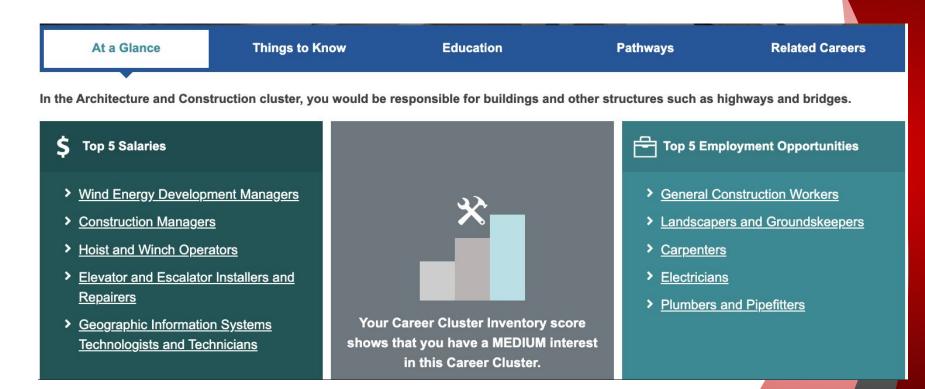
Use Your Interests to Explore Career Clusters 40

The Career Cluster Inventory creates a list that matches the 16 national career clusters to your interests. Clusters group careers by similar knowledge and skills. Clusters make exploration easy! Check out the clusters on your list, the more you know the better career decisions you will make.

Your Top 3 Career Clusters 40



Click on highest score areas



Homework

- Review the results of the CCI
 - Consider how you could explore those careers more
 - How does your course load line up with your career goals?
- Utilize the College and Career Search tools on MCIS
- Attend a college rep visit this year.